

## Substitution Form

|    | Game # _____  | 1st HALF    |         |             |         | 2nd HALF    |         |             |         |
|----|---|-------------|---------|-------------|---------|-------------|---------|-------------|---------|
|    |   | 1st Quarter |         | 2nd Quarter |         | 3rd Quarter |         | 4th Quarter |         |
|    | Player's Name   | Offense     | Defense | Offense     | Defense | Offense     | Defense | Offense     | Defense |
| 1  |   |             |         |             |         |             |         |             |         |
| 2  |   |             |         |             |         |             |         |             |         |
| 3  |   |             |         |             |         |             |         |             |         |
| 4  |   |             |         |             |         |             |         |             |         |
| 5  |   |             |         |             |         |             |         |             |         |
| 6  |   |             |         |             |         |             |         |             |         |
| 7  |   |             |         |             |         |             |         |             |         |
| 8  |   |             |         |             |         |             |         |             |         |
| 9  |   |             |         |             |         |             |         |             |         |
| 10 |   |             |         |             |         |             |         |             |         |
| 11 |   |             |         |             |         |             |         |             |         |
|    |   |             |         |             |         |             |         |             |         |
|    | All children should play equal time   |             |         |             |         |             |         |             |         |
|    | Every child should play offense and defense each game   |             |         |             |         |             |         |             |         |
|    | Every child should start on either offense or defense each game, unless team has more than 10 players   |             |         |             |         |             |         |             |         |
|    | Every child should play a variety of positions  |             |         |             |         |             |         |             |         |
|    | <b>EQUAL PLAYING TIME AND A POSITIVE EXPERIENCE SHOULD NOT BE SACRIFICED FOR A CHANCE TO WIN A GAME</b> |             |         |             |         |             |         |             |         |